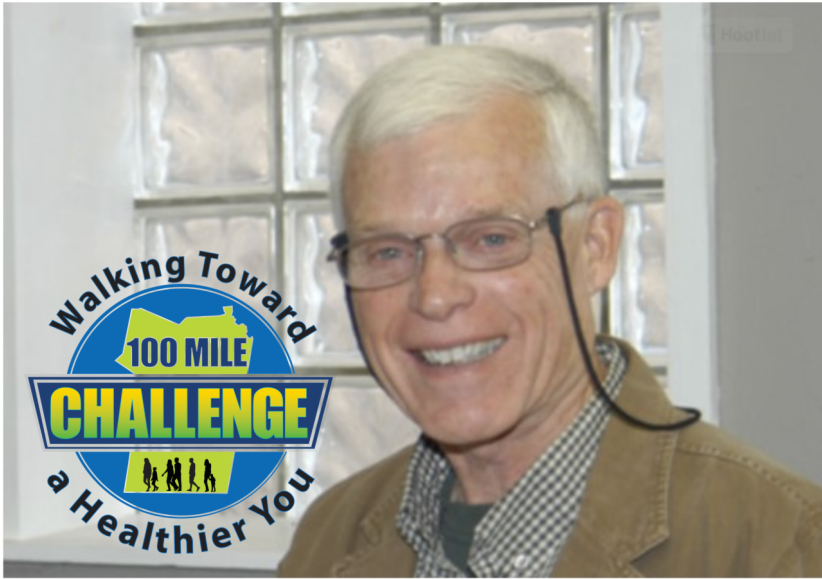


Let's Walk for Wally!



Wally Bryan (Challenge House photo)

Wally Bryan, former Mayor, leader, and well known resident of Christian County was always an advocate for health and wellness. Always a friend and supporter of the local health department, he approached our team one afternoon with an idea he had seen in another county called the 100 Mile Club. Intrigued by the idea, the Christian County Health Department worked with Wally and the local Challenge House organization to host the county's first

100 Mile Challenge. Participants could pay \$10.00 and take on the challenge to walk 100 miles in a set amount of time—roughly 1 mile a day. It was a great way to get the community up and moving and bring Christian County citizens together with a common goal. Wally spent hours promoting the program in the community, handing out information flyers, and recruiting participants from all over the county. The first year we had over 1000 participate in the walking challenge! The health department was shocked at the response from our community, but we knew that Wally always dreamed big, so we should have expected no less.

We are now hosting the 100 Mile Challenge for the 6th year and it has become a staple event in our community. This year has certainly been a “challenge” with the onset of COVID-19, but our community was also sad to hear of the passing of our dear friend, Wally. This year to honor his memory, we have changed our slogan for the 100 Mile Challenge from “Walking Toward A Healthier You” to “Walking for Wally”. We encourage everyone in the community to join the challenge and honor his memory with us!

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